

Option 3: So Good Creamed Spinach

50 ml	Vegetable Oil
100 g	Onions, finely diced
500 g	Spinach, washed
125 g	So Good White Sauce Powder (Product Code: 3693848)
600 ml	Water
1 tbsp.	So Good Spice-O-Mat (Product Code: 3693771)

METHOD

1. Steam or boil the spinach for 2 - 3 minutes.
2. Drain and rinse under cool water.
3. Squeeze out all the water and roughly chop.
4. Heat the oil in a pot and fry the onions in the oil until soft.
5. Add the spinach and cook out any excess liquid.
6. Whisk the **So Good White Sauce Powder** with the water, until free of any lumps and add the mixture to the pot.
7. Add the **So Good Spice-O-Mat**.
8. Bring to the boil, and reduce heat to a simmer, stirring continuously.
9. Simmer for 2 minutes.



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